

CYO Track - Order of Events

Grades K-2

50M Dash
200M Dash
75M Dash
400M Relay
100M Dash

Grade 3-4

400M Dash
100M Dash
800M Relay
50M Dash
400M Relay
75M Dash
200M Dash

Grades 5-6

100M Dash
800M Relay
75M Dash
400M Relay
400M Dash
100M Finals
800M Run
75M Finals
200M Dash
1600M Relay

Grade 7-8

100M Dash
800M Relay
1600M Run
400M Relay
400M Dash
100M Finals
800M Run
200M Dash
1600M Relay

Long Jump
Softball Throw

Long Jump
High Jump
Shotput (4 lbs)
Softball Throw

Long Jump
High Jump
Shotput (6 lbs)
Discus

Long Jump
High Jump
Shotput (8 lbs)
Discus

Incremental measurement for Long Jump, Softball Throw, Shotput and Discus is to the nearest 1/4/ inch.

Starting heights for High Jump are as follows:

- Girls 3-4 = 3 feet 0 inches
- Boys 3-4 = 3 feet 0 inches
- Girls 5-6 = 3 feet 2 inches
- Boys 5-6 = 3 feet 8 inches
- Girls 7-8 = 3 feet 8 inches
- Boys 7-8 = 4 feet 2 inches

The order of the boys and girls running events at a meet are at the discretion of the meet director. At some meets the girls will begin doing running events while the boys go to field events at the same time, and then when the boys begin their running events the girls begin their field events. At other meets this order of boys and girls may be reversed. And then at some meets recently, the boys and girls running events are run concurrently - that is, first the girls run the 100M Dash and then the boys run the 100M Dash, etc.. Coaches will need to determine what ordering of boys vs. girls events will be used at each meet and then inform their athletes and parents so that they are prepared to be "on time" the day of the meet.

CYO Track – Scoring

Team Points are awarded to place winners according to the order in which they finish a given event. For scoring purposes, a team is made up of one or more competitors identified as a team representing a school/parish. The team winner is determined by totaling the points won by the individuals and relay teams on a team for a school/parish.

The breakdown of points awarded to place winners in a given event is as follows:

- 1st Place = 10 points
- 2nd Place = 8 points
- 3rd Place = 6 points
- 4th Place = 4 points
- 5th Place = 2 points
- 6th Place = 1 point

In the event that there is a tie situation for one of the top 6 finishing positions in an event, the competitors that are tied (i.e. share the same exact time/distance for an event) will share the highest finishing place for this time/distance and the next place(s) will be passed over and the awarding of team points for the tied positions will be calculated by adding the combined place points and dividing them by the number of competitors to determine each tied competitors points. For example – Runner A and Runner B are tied for Third Place; they are announced as tied for Third Place; both are awarded Third Place ribbons and 5 points for their respective team (6 points for 3rd place + 4 points for 4th place divided by 2 = 5 points); there is no 4th place finisher and the next place is 5th Place.

In the event that there is a tie in team scoring for a grade-gender (i.e. two or more teams have the same total points), the order of team placement will then be determined by the number of 1st place awards per team (i.e. the team with the most 1st place awards will be ranked highest among the tied teams and the remaining teams would move down one position). In the event that teams are still tied (i.e. equal score and equal number of first place awards), then the order of team placement will be determined by the number of 2nd place awards per team (i.e. the team with the most 2nd place awards will be ranked highest among the tied teams and the remaining teams would move down on position). In the event that teams are still tied (i.e. equal scores and equal number of 1st and 2nd place awards), then the order of placement will be determined by the number of 3rd place awards per team (i.e. the team with the most 3rd place awards will be ranked highest among the tied teams and the remaining teams would move down one position). This same scenario using 4th and 5th place awards would be used if teams continue to be tied. The only way teams can end up tied for a position would be to have equal scores and equal number of 1st thru 6th place awards.

Revised – March, 2009
