



2009 Queen of Peace Invitational

May 8-9, 2009

Ross High School

3601 Hamilton-Cleves Road, Hamilton, Ohio 45013



All clubs are welcome. Meet Format - girls run track events first, while boys perform field events.

Grades 7-8, Friday, May 8th - Field events begin at 5:00pm. Because of lighting, Discus open to both boys and girls, but boys will be given priority. Girls running events begin at 5:30pm.

Grades K-2, Saturday, May 9th - Events begin at 8:30am

Grades 3-4, Saturday, May 9th - Events begin at 11:30am

Grades 5-6, Saturday, May 9th - Events begin at 2:30pm

Info for Coaches: Meet coordinator - Kim Grabel (513) 368-0738, kdmgrabel@zoomtown.com

Grades 5 thru 8 participants must be pre-registered for the meet according to CYO rules published at <http://cincyotrack.4t.com> Deadline is 10pm Wednesday, May 6, 2009. Spreadsheets should be emailed to joecoors@cinci.rr.com. Medals given for 1st - 3rd place, ribbons for 4th - 6th place.

Grades K thru 4 participants need labels for all events. Ribbons given for each heat.

All coaches should report to the press box on arrival to sign in and verify the registration fee has been paid. Entry fee is \$3.00 per participant. Checks should be made payable to QPAC.

Order of Events

Meet Format - girls run track events first, while boys perform field events

K - 2nd	3rd - 4th	5th - 6th	7th - 8th
50 m dash	400 m dash	100 m dash prelims	100 m dash prelims
200 m dash	100 m dash	800 m relay	800 m relay
75 m dash	800 m relay	75 m dash prelims	1600 m run
400 m shuttle relay	50 m dash	400 m relay	400 m relay
100 m dash	400 m shuttle relay	400 m dash	400 m dash
	75 m dash	100 m finals	100 m finals
Field Events	200 m dash	800 m run	800 m run
Softball Throw		75 m finals	200 m dash
Long Jump	Field Events	200 m dash	1600 m relay
	Shot Put	1600 m relay	
	Softball Throw		Field Events
	Long Jump	Field Events	Shot Put
	High Jump	Shot Put	Discus
		Discus	Long Jump
		Long Jump	High Jump
		High Jump	

Results published as soon as possible for grades 5-8 at <http://cincyotrack.4t.com>