CYO Championship

Track and Field

Division II

1915 Quebec Road, Cincinnati, Ohio 45205

May 15th and 16th 2009

PANTHER ATHLETIC COMPLEX

May 15th

Grade 7-8

Girls Run Track Events First
While Boys Field Events
Take Place 5:30 pm

May 16th

Grade K-2	8:30 am
Grade 3-4	11:30 am
Grade 5-6	2:30 pm

Girls Run Track Events First
While Boys Field Events
Take Place

Registration

All 5th/6th and 7th/8th teams must pre-register their athletes in accord with the new CYO Pre-Meet Registration Policy below. For grades K-4, coaches must report to the press box on the day of the meet to register their teams.

http://cincyotrack.4t.com
Click on Forms

All Coaches

Please report to the press box, upon arrival and verify your schools registration fee has been paid. Announcements will be made to remind those coaches who forget

Cyo Rules and Information

http://cincyotrack.4t.com
Click on Rules

Order of Events 7th-8th

1.) 100 m Dash	6.) 100 m Finals	Field Events
2.) 800 m Relay	7.) 800 m Run	Long Jump
3.)1600 m Run	8.) 200 m Dash	High Jump
4.) 400 m Relay	9.) 1600 m Relay	Shot-put
5.) 400 m Dash		Discus

Order of Events K- 2nd

1.) 50 m Dash	Field Events
2.) 200 m Dash	Long Jump
3.) 75 m Dash	Softball Throw
4.) 400 m Relay	
5.) 100 m Dash	

Order of Events 3rd-4th

1.) 400 m Dash	6.) 75 m Dash	Field Events
2.) 100 m Dash	7.) 200 m Dash	Long Jump
3.) 800 m Relay		High Jump
4.) 50 m Dash		Shot-put
5.) 400 m Relay		Softball Throw

Order of Events 5th-6th

1.) 100 m Dash	6.) 100 m Finals	Field Events
2.) 800 m Relay	7.) 800 m Run	Long Jump
3.) 75 m Dash	8.) 75 m Finals	High Jump
4.) 400 m Relay	9.) 200 m Dash	Shot-put
5.) 400 m Dash	10.) 1600 m Relay	Discus

Awards

Grade K-4 Heat ribbons for all athletes.
Grade 5-8 Medals for 1st-3rd place.
Ribbons 4th -6th
Team Awards

Meet Director Dave Dabbelt

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http://www.elderhs.org/ http://ehsports.com/